COMMUNITY CENTRE (R) College Code: 1811



Community Institute of Commerce & Management Studies (Affiliated to Bengaluru City University & Recognised by Government of Karnataka) ACCREDITED BY NAAC WITH B+ GRADE

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BEST PRACTICE – 1

TITLE OF THE PRACTICE – DRUG AWARENESS

INTRODUCTION

Drug abuse is an escalating challenge that transcends boundaries of age, gender, and socioeconomic status, impacting individuals, families, and entire communities worldwide. It not only deteriorates physical and mental well-being but also wreaks havoc on careers, relationships, and the potential futures of countless lives. Substance abuse often begins as a means of coping with stress, curiosity, or peer pressure, but it quickly spirals into dependency and addiction, trapping individuals in a vicious cycle. This drug awareness program serves as a vital platform to shed light on the perils of drug abuse, offering education on the physical, psychological, and social consequences of substance misuse. By recognizing the signs early, understanding the root causes, and accessing the right resources, individuals can make informed and conscious choices that lead to healthier, more fulfilling lives. Our mission extends beyond education; it is about fostering empathy, encouraging open dialogue, and creating a supportive environment where those in need can seek help without judgment. Together, we aim to build a society that values well-being, resilience, and mutual care over destructive habits.

Objective of the Practice

To provide educational guidance, goal setting, encouraging lifelong learning habits, explore activities and succeed in life.

The Context

- > To address about market trends
- > To provide information about wide variety of Career options.
- > To provide information about professional courses.

The Practice

The session focused on updating students on career development in Education sector, by providing wide variety of career courses broadens their horizons and helps them to take quick decisions. Students career choices may be influenced by external pressure such as family expectations, financial consideration.

Evidence of Success

Career guidance helps students to connect their academic studies to real-world applications, which increases their engagement and motivation. It provides practical exposures and contribute to the success of students in their educational and professional life.

Problem Encountered and Resources Required

The resources are limited, balancing parental expectations and inaccurate perceptions of certain professions.

- o Lack of awareness about diverse career options.
- o Poor decision-making due to limited guidance.
- o Qualified career counselors for personalized guidance.
- Workshops and seminars on career paths and skills



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DRUGS AWARENESS PROGRAM @20/12/2023





Drugs Awareness Program -30/9/2023





DRUGS AWARENESS PROGRAM @20/12/2023





Drugs Awareness Program -30/9/2023





Drugs Awareness Program -30/9/2023





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BEST PRACTICE-2

TITLE OF PRACTICE-CAREER FOUNDATION PROGRAM

INTRODUCTION

Guide and empower young minds in making informed career choices. This program provides comprehensive insights into various academic and professional pathways, helping students align their interests, strengths, and goals with suitable career options. It covers essential skills like critical thinking, problem-solving, and communication while offering The Career Foundation program for 2nd PUC students is designed to guidance on entrance exams, higher education opportunities, and emerging career trends. By fostering self-awareness and confidence, the Career Foundation program equips students to make strategic decisions for a successful and fulfilling future.

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